

BEST DAY EVER

BIFF CALL2ACTION Program

Co-Presented with City of Boulder
Open Space and Mountain Parks



Action 1: LEARN MORE

Boulder offers a plethora of accessible trails and opportunities. Check out the Open Space and Mountain Parks disability page to read about the programs offered and the accessible trails available to access the outdoors.

bouldercolorado.gov/services/visitors-experiencing-disabilities

Action 2: FOLLOW THE STORY AND STAY CONNECTED

The *Best Day Ever* film is traveling to various locations to promote accessibility to the outdoors. Follow their journey on Instagram @bestdayevermovie.

Or go to their website: bestdayever.mov

Action 3: MAKE A DONATION

You're making a difference! Your support makes the outdoors accessible to people with disabilities. Go to the Boulder Open Space Conservancy website, donate, and request that your donation goes to the purchase of adaptive equipment.

bosc.org

Action 4: ATTEND UPCOMING EVENTS

Attend one of the monthly Roll and Stroll Hikes for families experiencing disabilities. Sign up for these free hikes at naturehikes.org.

Action 5: BE AN ALLY & LEND A HAND

If you see something in your community or on the trails that should be accessible, voice your concerns. It gets exhausting for people with disabilities to constantly have to speak up.

OSMP and many local adaptive organizations have opportunities to volunteer. Here are a few:

- bouldercolorado.gov/services/volunteer-osmp
- nscd.org
- adaptiveadventures.org
- igniteadaptivesports.org
- bouldercolorado.gov/services/expand