

ANDRÉ IS AN IDIOT

BIFF CALL2ACTION Program

Co-Presented with TRU Community Care



Action 1: START THE CONVERSATION

Talk with a loved one about your wishes for serious illness, end-of-life care, and what matters most to you.

- [The Conversation Project – Get Started Guide](#)
- [Conversation Starter Guide \(Download\)](#)

Action 2: COMPLETE ADVANCE CARE PLANNING DOCUMENTS

Fill out an advance directive and designate a healthcare decision-maker (medical power of attorney).

- [PREPARE for Your Care \(Step-by-Step Tool\)](#)
- [Colorado Advance Directive Forms](#)

Action 3: SHARE YOUR WISHES WITH YOUR CARE TEAM

Ensure your provider and family understand your preferences so they can advocate for you if needed.

- [The Conversation Project – Share Your Wishes](#)
- [TRU Community Care – Palliative Care Services](#)

Action 4: SEEK SUPPORT EARLY

Learn about and access services like palliative care, hospice, or supportive care programs before a crisis occurs.

- [TRU Community Care – Hospice Services](#)
- [Get Palliative Care \(Learn More\)](#)

Action 5: NORMALIZE THE CONVERSATION IN YOUR COMMUNITY

Encourage others to engage in open, honest discussions about illness, caregiving, and end-of-life planning.

- [The Conversation Project – Get Involved](#)
- [Conversation Project Guide for Organizations](#)